

Observances During "The 3 Weeks"

According to the Rulings of the Shulchan Aruch, Hacham Ovadia Yosef zt"l, and Syrian Tradition

	Tammuz 17 to Ab 1	Ab 2 to Ab 5	Week of Ab 9
Brushing Hair	Permitted	Permitted	Permitted
Business that may Cause Financial Loss	Permitted	Permitted	Permitted
Buying Shoes & New Garments ²	Permitted	Postpone	Not Permitted
Construction and Renovations	Permitted	Postpone	Not Permitted
Consume Meat, Poultry or Wine ⁴	Permitted	Not Permitted	Not Permitted
Cutting Nails	Permitted	Permitted	Permitted
Eating New Fruits ⁵	Postpone	Postpone	Postpone
Engagement Party With a Meal	Permitted	Postpone	Postpone
Engagement Party Without a Meal	Permitted	Permitted	Permitted
Laundry and Wearing Freshly Laundered Garments ¹	Permitted	Permitted	Not Permitted
Listening to Music (Live or Recorded) ³	Not Permitted	Not Permitted	Not Permitted
Moving to a Residence	Permitted	Postpone	Postpone
Nonessential Business	Permitted	More Lenient	More Lenient
Shaving or Haircut for Men (Women are always permitted)	Permitted	Permitted	Not Permitted
Showering with Cold Water	Permitted	Permitted	Permitted
Showering with Hot Water	Permitted	Permitted	Not Permitted
Singing Without Music	Permitted	Permitted	Permitted
Swimming (Pool or Beach)	Permitted	Permitted	Not Permitted
Washing Face, Hands & Legs With Hot or Cold Water	Permitted	Permitted	Permitted
Wearing New Garments ⁵	Postpone	Not Permitted	Not Permitted
Weddings (best to avoid during the 3 Weeks)	Permitted	Not Permitted	Not Permitted

¹ One is allowed to do laundry for children's clothing

² Unless buying for a wedding immediately after the 9th of Av or if offered at a significantly discounted price

³ Music is permissible at a Brit Milah, Pidyon Haben, Bar Mitzvah, and Siyum Masekhet

⁴ Meat is permissible on Rosh Hodesh, Shabbat, Seudat Mitzvah, for children, the sick, and nursing women. Wine is permissible for Rosh Hodesh, Shabbat, Havdalah, and at a Seudat Mitzvah

⁵ It is best to avoid new fruits or garments to avoid reciting Shehecheyanu, but it is permissible on Shabbat if applicable